



## **Preparing for the consultation with TNF**

**The Natural Funeral takes a holistic and natural approach to your loved-one's deathcare.** Our consults with families are gentle inquiries into how we can make your experience more meaningful and healing. We strive to understand your and your loved-one's biographies, so together we can co-create an after-death care plan that is unique for you.

**Before we meet, please take some time to think about the following:**

**What would be meaningful to your family in terms of after-death care?  
This is of utmost importance to us.**

- Consider your family values.
- Consider your own sensitivities and those of others who will be involved.
- Reflect upon the biography of your loved-one who will be the recipient of the after-death care.
- Consider their spiritual/religious and other beliefs,
- Consider your support system that may enable community to gather and help at the time of death, especially if there is to be a vigil.

All the above can inform what you choose for your loved-one at death. Our role is to guide you towards options that are right for you, and to co-create a plan that is in keeping with your values, wishes, and resources.

Our consults with families can be up to 1.5 hours (but shorter if needed). During our time together, we will also explore the most natural approaches available for cremation or burial that are right for you.

Our staff's backgrounds in hospice, elder care, and death-care education make us more than mortuary. We want your experience to be as healing as possible.